



PAPUA NEW GUINEA SWIMMING INC

P.O. BOX 1753 WATERFRONT NCD PNG

MOBILE: (675) 71858270

President Email: lizwellspng@hotmail.com

Secretary Email: secretary@pngsi.org

NEWS BULLETIN ISSUE 2 – 2ND QUARTER, 2023

Executive Members: President: Elizabeth Wells MBE

Treasurer: Sarenah Pini BEM

Property: Tony King

Athlete Representative: Judith Meauri

Vice President: Natalie Pidik

Registrar: Emily Dula

Public Relations: Vacant

Secretary: Carly Pini

CTO: Beatrice Geita

Affiliated to: **FINA - PNG Olympic Committee - Oceania Swimming Association**

**Papua New
Guinea
Swimming Inc.
major and
support
sponsors:**



From the Desk ... time to reflect on the importance of competition and what it provides.

The 2nd quarter of 2023 saw national competitions taking centre stage bringing together our athletes and volunteers in the Club programs.

Training and competing in Club carnivals and on the national stage not only keeps our athletes physically active and competitive but also teaches them some valuable life skills, learning to work with others and improving teamwork skills alongside growing individually in the sport. Moreover, it teaches them to face difficult situations and improve their self-esteem.

Sport instils in our members vital characteristics that will serve them well in life, such as discipline, time management, work ethic, competition edge, attitude and strength, and of course, maintaining good health.

How important is it for athletes to compete one might ask...

Competition brings out the best in an individual and whether winning or losing, an athlete is tested by his or her competitors. The lessons that come to mind that are introduced to an athlete include determination, commitment, focus, courage, humility and patience.

If an athlete loses, he/she comes back stronger, more determined than before to be better, teaching them to recover quickly from setbacks. Coaches and parents play a big role in making this happen.

Taking part in competitions is also important as it encourages a winning mental attitude and prepares our athletes for success going forward both in the pool and in the community.

The Theodist National Championship competition held this quarter provided a competition for our athletes to realize their

dreams, and secure a place on the BSP National Aquatic Excellence Squad by swimming a qualifying time; or being named on an international competition travelling team.

The BASC Dolphin Sprints showcased the young talent in the club training program (Juniors, Bronze, Silver and Gold squads), and also taking part were the BASC parents competing in the Masters Category.

(See articles inside)

PNGSI wishes all swimmers named on international travelling squads all the very best in their preparation to compete in Fukuoka, Japan at the world Aquatics World Championships and the Commonwealth Youth Games, Trinidad and Tobago.

It is important to remember that sports play an important part in our society in bringing people together, working together to provide the best environment for our athletes to learn about sportsmanship, respect, being graceful in defeat and magnanimous in victory.

PNGSI takes this opportunity to wish all competing offshore the very best in competition.

Enjoy swimming on.....

PNGSI AGM

was held on the 13TH May, 2023
at the Theodist Limited board room

The 2023 executive members are:

President: Elizabeth Wells MBE

Vice President: Natalie Pidik

Secretary: Carly Pini

Treasurer: Sarenah Pini

Registrar: Emily Dula

CTO: Beatrice Geita

Property Officer: Tony King

Athlete Representative: Judith Meauri

SANCTIONED COMPETITIONS

2023

14-30 July
World Aquatics
Championships
Fukuoka, Japan

4-11 August
Commonwealth Youth
Games
Port of Spain, Trinidad
and Tobago

9-10 September
FedEx National
Championships
Port Moresby, PNG



November 19-
December 2
Pacific Games
Honiara, Solomon
Islands

2024

Date: TBA in 2023
Oceania
Championships

2-8 February
World Aquatics
Championships
Doha, Qatar

July 26-August 11
Olympic Games
Paris France

December 10-15
World Aquatics SC
Championships
Budapest Hungary

2025

Date: TBA
World Aquatics
Championships
Singapore

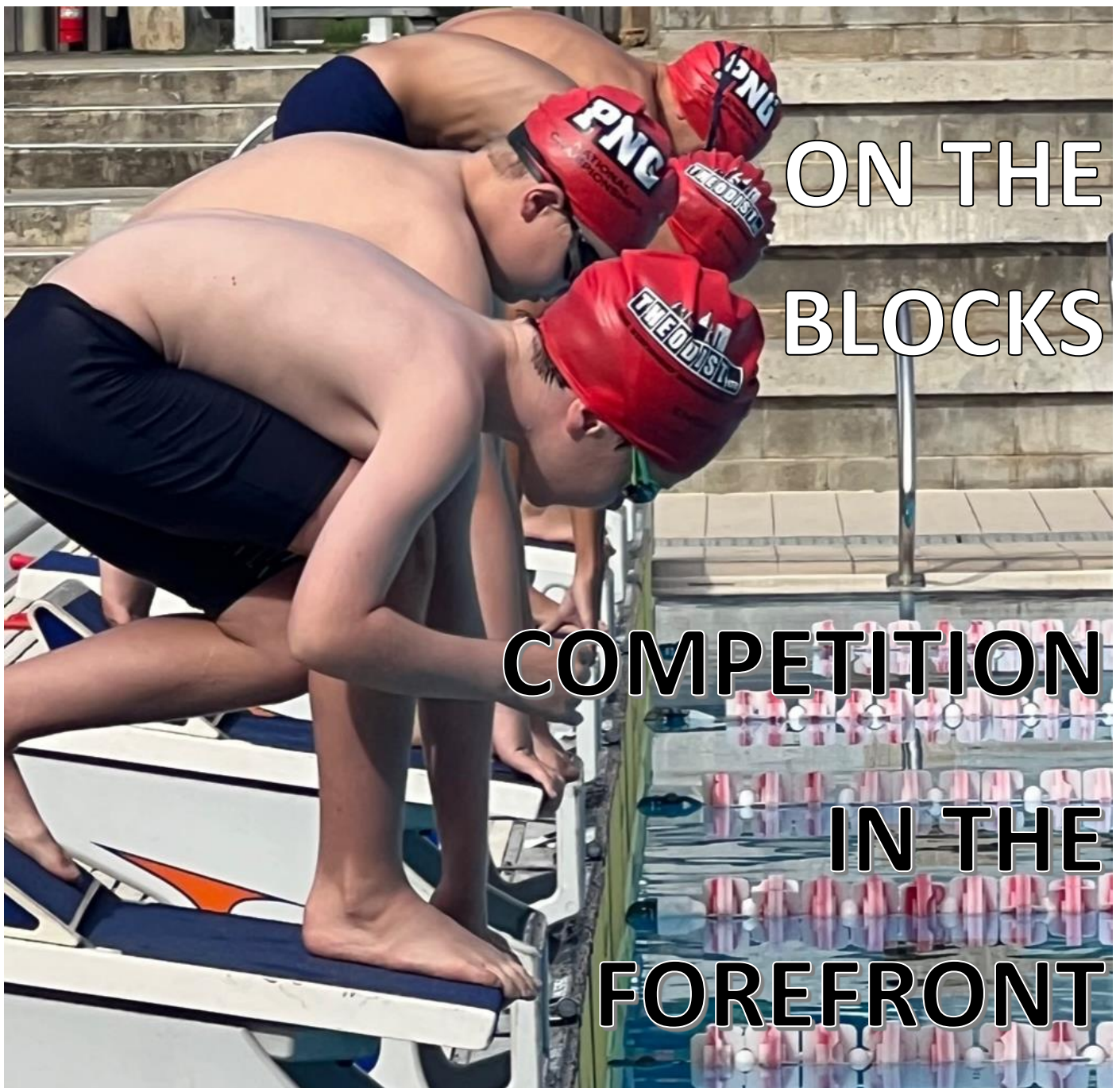


National Aquatic Excellence Squad Members

THEODIST National Championship held from 29-30 April provided a wonderful opportunity for our athletes to realize their dreams, and secure a place on the BSP National Aquatic Excellence Squad with 30 swimmers swimming a qualifying time to become a member.



SWIMMERS NAME	CLUB	LEVEL ACHIEVED
Nathaniel Noka	Boroko	Gold Target
Josh Tarere	Boroko	Gold Target
Georgia-Leigh Vele	Boroko	Gold Target
Jhnyali Tokome-Garap	Boroko	Silver Target
Abigail Ai Tom	Boroko	Bronze Target
Joanna Chen	Boroko	Bronze Target
Holly John	Boroko	Bronze Target
Keven John	Boroko	Bronze Target
Rihannah Makail	Boroko	Bronze Target
Ioana Shankar	Boroko	Bronze Target
Matthew Vali	Boroko	Bronze Target
Talei Cakaukevuya	Boroko	Gold Intermediate
Roxanne Kirarock	Boroko	Gold Intermediate
Jeremiah Nen	Boroko	Gold Intermediate
Teesh Bonei	Boroko	Silver Intermediate
Allana Kirarock	Boroko	Silver Intermediate
Colin Makail	Boroko	Silver Intermediate
Varea Wong	Boroko	Silver Intermediate
Cameron Dula	Boroko	Gold Junior
Helena Faunt	Boroko	Gold Junior
Josh Geoghegan	Boroko	Gold Junior
Madison Kahn	Boroko	Gold Junior
Aria Pidik	Boroko	Gold Junior
Siann Baker	Boroko	Silver Junior
Liliana Dula	Boroko	Silver Junior
Lilly Lin	Boroko	Silver Junior
Almeida Mase	Boroko	Silver Junior
Bernelle Murray	Boroko	Silver Junior
Dylan Papenfus	Boroko	Silver Junior
Levi Schulze	Boroko	Silver Junior
Aimee Seeto	Boroko	Silver Junior
Reez Wasson	Boroko	Silver Junior



ON THE
BLOCKS

COMPETITION
IN THE
FOREFRONT

THE 2023 Theodist National Swimming Championship was held over the weekend of 29-30 April at Taurama Aquatic Centre 50m pool complex. This prestigious event on the PNGSI calendar brought together our talented and enthusiastic swimmers (Age and Masters swimmers) training in the National Capital and Queensland from Boroko Amateur Swim Club (BASC).

A feeling of excitement and eager anticipation was felt by our swimmers as they raced the clock swimming against their fellow training mates eager to improve.

There were some excellent performances from the eighty-four (84) swimmers who competed in their individual events over the three sessions of competition, many personal best times were swum and nine PNG National Records recorded which included one age record and seven Masters records.



RECORDS were set by:

Individual Age Record:

- Female swimmer, Jhnyali Tokome-Garap took the 50m Backstroke record for the 14-year age, swimming a finish time of 34.28. The previous record time of 34.69 was held by Nicole Comerford set in 1995.



PNG Masters Records:

- Female 40-44 Age Division, Michelle Garbutt took the 50m Freestyle record clocking a finish time of 32.09 previously held by Louise Franklin 38.53 set in 1998.
- Female 40-44 Age Division, Michelle Garbutt took the 100m Freestyle record clocking a finish time of 1:18.05, previously held by Robbie Dunstan 1:51.96 set in 2005.
- Female 40-44 Age Division, Kaye Kahn set a new 50m Butterfly record clocking a finish time of 47.16.
- Female 55-59 Age Division, Tracy Nen set a new 50m Freestyle record clocking a finish time of 1:07.08.
- Male 55-59 Age Division, Warwick Vele took the 50m Freestyle record clocking a finish time of 32.73, previously held by Francis Tau 34.11 set in 2015.
- Male 60-64 Age Division, Francis Tau set a new in the 50m Backstroke clocking a finish time of 40.16.
- Male 60-64 Age Division, Francis Tau set a new in the 100m Freestyle clocking a finish time of 1:19.30.



Papua New Guinea Swimming Inc. thanks Theodist Limited for their continued sponsorship and promotion of this prestigious event allowing Papua New Guinea Swimming Inc to provide a platform for our athletes to showcase their talent in the pool and the Boroko Amateur Swimming Club who hosted the event.

TECHNICAL OFFICIALS AT WORK



OVER the competition weekend we saw our valued and professional team of technical officials on pool deck officiating throughout, to allow the competition to be run under the World Aquatics rules, through the guidance and direction of our World Aquatics Referee John Agovai, World Aquatics Starter Albert Vigil and PNG Referee Sarenah Pini.



International competitions 2023

THEODIST National Championship provided the stage for our swimmers to qualify and be named on two international events to be held in July and August 2023.



World Aquatics Championships

Fukuoka, Japan - 23rd to the 30th July

Swimmers named were:

Abigail Ai Tom
Georgia-Leigh Vele
Nathaniel Noka
Josh Tarere

Coach: Rick Van der Zant

Manager: Sarenah Pini



Commonwealth Youth Games

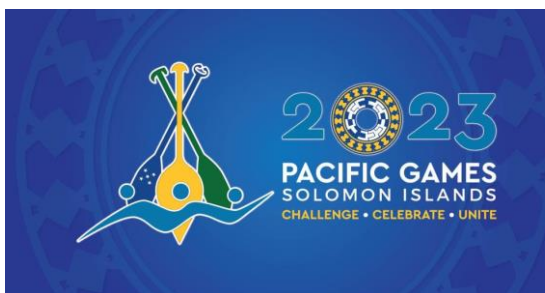
Trinidad & Tobago - 4th to 11th August

Three female swimmers were named on Team PNG.

They were:

Joanna Chen
Rihannah Makail
Jhnyali Tokome-Garap

Coach: Rick Van der Zant



Boroko Swim Club DOLPHIN SPRINTS

AT the close of The Theodist National Championships fourteen swimmers were named on the Train on Squad for for the **XVII Pacific Games** to be held in Honiara, Solomon Islands from 19th November to 2nd December, 2023. The Train on Squad are as follows:

Female swimmers:

1. Abigail Ai Tom
2. Joanna Chen
3. Allana Kirarock
4. Rihannah Makail
5. Jhnayali Tokome-Garap
6. Georgia-Leigh Vele

Male swimmers:

1. Holly John
2. Keven John
3. Ryan Maskelyne
4. Jeremiah Nen
5. Nathaniel Noka
6. Dilu Okuk
7. Darius Tarere
8. Josh Tarere
9. Matthew Vali

The final travelling team will be named after the FedEx National Championships in September 9-10.



THE 2023 Boroko Amateur Swimming Club annual Dolphin Sprints were held at the Taurama Aquatic & Indoor Centre on Saturday 3rd June which saw 70 competitors compete from as young as 4 years old to the master categories.

The Competition was held over 2 sessions with Session 1 commencing at 8.30am (warm up 7.30am) and Session 2 starting at 4pm (3pm warm up). Events swum were 25m, 50m, 100m in Freestyle, backstroke, breaststroke and butterfly and the 200m Individual Medley. A fun relay was held at the end of Session 2.

It provided a chance for our athletes to race the clock and swim personal best times with Dylan Papenfus swimming a 50m freestyle time to be named on the Junior Silver Aquatic Excellence Squad.

The executive of BASC must be applauded for a well-run competition which saw many smiling, happy faces taking part.



BUILDING WORLD CLASS LEADERSHIP IN SPORTS

Go Rural to Go Global



fostering leadership development within the sports community, we would appreciate the opportunity to learn from PNGSI experience in this area, as we believe that the knowledge and expertise gained from PNGSI's journey could significantly contribute to the development of our strategy."

Present also was the PNG Sports Foundation CEO Albert Veratau, PNG Olympic Committee Secretary General Auvita Rapilla and the Minister for Sports Hon. Don Pomb Polye alongside other sporting organizations asked to share their experiences: PNGRFL, PNG Basketball, PNG Cricket, and PNGFA were in attendance with the PNGSF staff.

"We are privileged to be conducting our first building world class sports leadership workshop with the National Federations, attended by the Minister for Sports Hon. Don Pomb Polye", said PNG Sports Foundation CEO Albert Veratau.

BUILDING World Class Leadership Strategy Workshop was held over two days at the Taurama Aquatic and Indoor Centre's VIP Room, from the 29-30 June, 2023.

The workshop was designed to look at leadership in sports through governance, coaches, technical officials focusing on talent identification and development pathways.

The President of Papua New Guinea Swimming Inc. Elizabeth Wells received an invitation to participate and give a presentation on the development strategies Swimming PNG has undertaken to develop leadership capacity to sustain the sport, she was accompanied by Beatrice Geita PNGSI CTO.

"We must strive as leaders to do better, providing promotion for change, guiding all, (players, athletes, coaches, technical officials) to do their best, give their best, and perform at their best," said Albert Veratau.

"Papua New Guinea Sports Foundation are in the process of designing a Building World Class Sports Leadership Strategy to support the Go Rural to Go Global Program and were seeking insights and experiences from organizations that have successfully implemented leadership programs in the sports industry," said Vavine Yore.

It was stressed that Sports' Leadership involves giving direction to members as well as energizing and motivating them so that they get committed to a particular vision in sports. Effective leadership does not only require passion and being visionary, but it needs leaders who have adequate leadership skills and a strong ability to work under pressure.

"Considering PNG Swimming's commendable reputation in promoting swimming and

Effective leaders must ensure understanding a sport organization's internal systems but also the external environment as they are constantly exposed to new and challenging situations.





WORLD AQUATICS

WATER IS OUR WORLD

World Aquatics Masters Championships - Doha 2024

QAT, Qatar, Doha
23 Feb - 03 Mar 2024

DOHA will host the flagship age group event for masters' aquatics athletes in swimming, water polo, diving, artistic swimming and open water swimming.

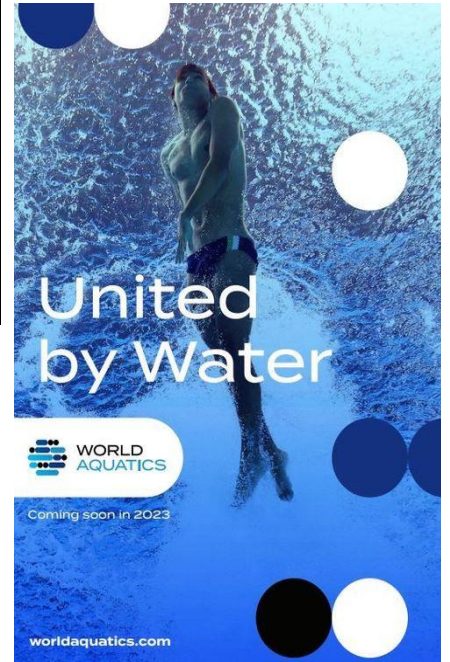
Doha, the capital of Qatar, is an experienced host city for major aquatics events. Having successfully organized several World Aquatics events in the past, including the acclaimed World Swimming Championships (25m) in 2014, as well as World Cup events in swimming, open water swimming, diving and artistic swimming, Doha has a proven record of delivering outstanding competitions and providing world-class facilities for athletes and fans alike.

"At World Aquatics, our mission is providing people of all ages the opportunity to participate, compete in and benefit from aquatic sports," said World Aquatics President Husain Al-Musallam. "I can't wait for the competitions to begin in Doha."

The World Aquatics Masters Championships – Doha 2024 will follow the highly anticipated World Aquatics Championships – Doha 2024 for elite athletes, scheduled to take place from 2 to 18 February 2024. This back-to-back arrangement will create an unprecedented aquatics festival, attracting both masters and elite athletes to the beautiful city of Doha.

"We are thrilled to host the World Aquatics Masters Championships in Doha, Qatar in 2024," said Mr. Khaleel Al Jaber, the General Director of the local organizing committee. "Doha has a rich history of organizing successful aquatics events, and we are confident that this edition of the Masters Championships will exceed expectations. We look forward to welcoming participants from all over the world and showcasing our warm Qatari hospitality."

World Aquatics has said that the competition schedule, the opening of the athlete registration platform, and travel packages will be announced in the coming months, providing participants with comprehensive information to plan their unforgettable experience at the World Aquatics Masters Championships – Doha 2024.



Participants and aquatics enthusiasts are encouraged to stay updated on the official World Aquatics website and social media channels for the latest information and developments on the World Aquatics Masters Championships 2024.

