ANNUAL REPORT 2023





PAPUA NEW GUINEA SWIMMING INC.

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PNGSI LIFE MEMBERS

Name	Year	Club
Mr Phil Head	1976	Boroko Amateur Swim Club
Mr Ken Hutchings	1976	Boroko Amateur Swim Club
Mr Ron Manfield	1976	Boroko Amateur Swim Club
Mr Jon Hamilton	1980	Boroko Amateur Swim Club
Mr Hugh Davies	1981	Boroko Amateur Swim Club
Mr Tim Terrell	1981	Boroko Amateur Swim Club
Mrs Margaret Arnold	1984	Lae Amateur Swim Club
Mr Mike Comerford	2000	Boroko Amateur Swim Club
Mrs Lesley Huckins	2000	Boroko Amateur Swim Club
Mrs Sarenah Pini BEM	2011	Boroko Amateur Swim Club
Mr Ryan Pini MBE	2016	Boroko Amateur Swim Club
Mrs Elizabeth Wells MBE	2016	Boroko Amateur Swim Club

(*Deceased)

PNGSI MEMBERS BY CLUBS

Club	Number of members								
	2023	2022	2021	2020	2019	2018	2017	2016	2015
Boroko Amateur Swim Club	366	364	271	207	247	327	262		359
Lae Amateur Swim Club	76	0	0	52	101	124	55	40	49
PNG Masters	0	10	10	10	11	22	19	16	-
TOTAL	442	374	281	269	359	473	336		408

PAST PNGSI EXECUTIVE COMMITTEE

Year	President	Vice President	Secretary	Treasurer	Registrar	Chief Technical Official	Purchasing Officer	Public Relations Officer	Athlete Representative
1969									
1970									
1971									
1972									
1973									
1974									
1975									
1976									
1977									
1978	R Rau	K Sinclair	A Rau	E Kohnke	J Hamilton	R Manfield		H Janssen	
1979	R Maclean	L Cross							
1980	H Davies	H Janssen	A Vele	P Dawes	L Seymour	N Brightwell		M Arnold	
1981	1								
1982	A Vele								
1983	Aveic								
1984	+								
1985	+		-	+					
	+								
1986	1			1					
1987	DMalaaa	M Handin -	N Faville	K da Coort	MAmold		I Cook!	E da Cat	
1988	D McInnes	M Harding	N Favilla	K de Graaf	M Arnold		L Crabb	F de Graaf	
1989	M Harding	E Dutton		M Comerford	M Arnold			J Philemon	
1990	E Dutton			M Comerford	M Arnold			J Philemon	
1991	E Dutton			M Comerford	M Arnold			J Philemon	
1992	E Dutton	M Manning	J Locket	M Comerford	L Huckins	Les Huckins		J Philemon	
1993	E Dutton	M Manning	J Dunlop	M Comerford	L Huckins	Les Huckins	P Lipsy	J Philemon	
1994	M Comerford	M Manning	J Sheehan	J Ellsworth	L Huckins	Les Huckins	K Pini	S Yates	
1995	M Comerford	M Manning	J Sheehan	B Mead	L Huckins	B Cullen	S Pini	S Yates	
1996	M Peni	M Manning	J Sheehan	B Mead	L Huckins	N Hickey	S Pini	E Wells	
1997	M Peni	M Low	J Sheehan	N Hickey	L Huckins	M Comerford	S Pini	E Wells	
1998	S Yates	M Low	J Sheehan	N Hickey	L Huckins	M Comerford	S Pini	E Wells	
1999	S Yates	L Huckins	N Comerford	D Clark	S Low	H Clark	S Pini	E Wells	
2000	S Yates	A Mulas	J Sheehan	B Dunlop	L Huckins	M Peni	S Pini	E Wells	
2001	L Huckins	S Yates	E Wells	B Dunlop		K Saville	S Pini		
2002	E Wells	J Pini	B Madouna	B Dunlop	S Pini	K Saville	S Pini	E Wells	
2003	E Wells	G Shiers	L Tekwie	B Dunlop	A Mulas	K Saville	S Pini	J Pini	
2004	E Wells	G Shiers	D Aisi	B Dunlop	A Mulas	-	S Pini	J Pini	
2005	E Wells	S Emmanuel	D Aisi	S Pini	B Skelton	A Mulas	J Kolta	-	
2006	E Wells	-	D Aisi	S Pini	B Skelton		J Kolta		
2007	E Wells	B Mead	H Ampa'oi	S Pini	B Skelton	-	J Kolta	-	
2008	E Wells	B Mead	H Ampa'oi	S Pini	B Skelton	-	L Nakmai	-	
2009	E Wells	B Mead	M Gore	S Pini	B Skelton	H Ampa'oi	L Nakmai	C West	
2009	E Wells	B Mead	K Sheehan	S Pini	B Skelton	H Ampa'oi	L Nakmai	- 11631	
								_	
2011	E Wells	B Mead	K Sheehan	S Pini	B Skelton	H Ampa'oi	L Nakmai	-	
2012	E Wells	B Mead	M Liria	S Pini	B Skelton	K Maskelyne	L Nakmai	- M Core	
2013	E Wells	B Mead	C Pini	S Pini	B Skelton	K Maskelyne	L Nakmai	M Gore	
2014	E Wells	B Mead	C Pini	S Pini	B Skelton	K Maskelyne	L Nakmai	M Gore	
2015	E Wells	B Mead	C Pini	S Pini	B Skelton	K Maskelyne	G Runnegar	P Kunda	
2016	E Wells	R Agnew	C Pini	S Pini	B Skelton	K Maskelyne	S Liew	P Kunda	
2017	E Wells	R Agnew	C Pini	S Pini	B Skelton	K Maskelyne	S Kawale	P Kunda	A Seeto
2018	E Wells	S Damien	C Pini	S Pini	B Geita	K Maskelyne	S Babao	S Kawale	A Seeto
2019	E Wells	S Damien	C Pini	S Pini	B Geita	S Babao	-	A Seeto	S Kawale
2020	E Wells	A Seeto	C Pini	S Pini	B Geita	S Babao	M Kirarock	N Pidik	S Kawale
2021	E Wells	N Pidik	C Pini	S Pini	B Geita	S Babao	-	-	J Meauri
2022	E Wells	N Pidik	C Pini	S Pini	B Geita	S Babao	-	-	J Meauri
2023	E Wells	N Pidik	C Pini	S Pini	E Dula	B Geita (resigned)	A King	-	J Meauri



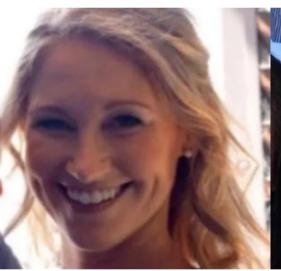
PRESIDENT ELIZABETH WELLS MBE

2023 PNGSI EXECUTIVE COMMITTEE





VICE-PRESIDENT
NATALIE PIDIK



SECRETARY CARLY PINI



TREASURER SARENAH PINI BEM



ATHLETE REPRESENTATIVE
JUDITH MEAURI



REGISTRAR EMILY DULA



PROPERTY OFFICER
TONY KING



CHIEF TECHNICAL OFFICIAL BEATRICE GEITA (resigned Dec)

PRESIDENT'S REPORT

2023 provided an exciting and inspirational year for us all. The dedication and hard work of our executives and Club Committees shone through and enabled us to grow our sport.

We recognised the importance of our volunteers and stakeholders firstly and foremost. They are our backbone, who contributed throughout the year to the social and economic value of the sport of swimming in Papua New Guinea (PNG).

We have remained committed to fostering a workplace culture that inspires, collaborates, empowers individuals to promote the importance of diversity, fairness and inclusion in our Club programs. Although hard at times, it is pleasing to note that our Club memberships did grow in 2023.

As we journeyed through the year, we were able to continue working towards encompassing our vision and goals to increase, strengthen and build the aquatic sport of swimming in PNG.

It saw us uniting to do our best, setting pathways for a brighter future for our athletes, coaches and technical officials in our Affiliated Clubs of Boroko Amateur Swimming Club (BASC) and Lae Amateur Swimming Club (LASC).

It was an important year to continue building and growing our foundation; not wavering from our purpose of not only providing a life skill, but providing a healthy, strong sport which our Club training programs, competitions and educational activities could be seen to produce results.

2023 saw Albert Vigil be provided a consultancy agreement in December 2023 to December 2024 between PNGSI and himself to be entrusted as the position of Head Coach for Boroko Amateur Swimming Club (BASC) coaching the Gold Squad to National and International representation. When, and if necessary, assist Lae Amateur Swim Club with programs and swimmers' assessments by communicating with the Lae Coaches regularly. Develop a Learn to Swim program and create an environment that will maximise participation and help the community.



PNGSI held its Annual General Meeting (AGM) on Saturday the 13th May, 2023 in Port Moresby. The elected 2023/2024 office bearers were: President: Elizabeth Wells MBE, Vice President: Natalie Pidik, Secretary: Carly Pini, Treasurer: Sarenah Pini BEM, Registrar: Emily Dula, CTO: Beatrice Geita, Property Officer: Tony King and Athlete Representative: Judith Meauri.

Our support partners and sponsors in 2023 were:

- World Aquatics Olympic Aquatics Support Programme (OASP) who continued its financial support of PNGSI with US\$30,000.00
- Oceania Aquatics (OA) our Continental body providing funding support of US\$3,000.00 to the World Aquatics Championships Fukuoka, Japan
- Bank South Pacific, corporate sponsor of PNGSI providing PGK80,000.00 as our Naming Rights Sponsor towards the BSP/Kundu National Aquatic Excellence Programs, and support of athletes to the World Aquatics Championships.
- PNG Olympic Committee, for making available educational programs through OSEP; preparation funding for the Honiara Pacific Games, Solomon Islands and an equipment support grant.
- Our competition sponsors:
- Theodist Ltd and PNG Air Freight (FedEx) both of provided fundina support PGK10.000 National respectively towards our two Championships, held annually, providing the opportunity for our swimmers to compete and learn the fundamentals of racing in the true spirit of sportsmanship under World Aquatics rules of competition.

We sincerely thank all our sponsors, who made it possible to continue providing swimming on a grander scale, developing and improving our activities.

Competitions sanctioned by PNGSI in 2023 included:

National Competitions:

2023 Theodist National Swimming Championship
was held over the weekend of 29-30 April at
Taurama Aquatic Centre 50m pool complex. This
prestigious event on the PNGSI calendar brought
together our talented and enthusiastic swimmers
(Age and Masters swimmers) training in the
National Capital and Queensland from Boroko
Amateur Swim Club (BASC). There were some
excellent performances from the eighty-four (84)
swimmers who competed in their individual
events over the three sessions of competition,
many personal best times were swum and nine
PNG National Records recorded which included
one Age Record and seven Masters Records.

We thank the many technical officials who officiated under the direction of World Aquatics Referee John Agovai, World Aquatics Starter Albert Vigil and PNG Referee Sarenah Pini.

- BASC Dolphin Sprint Championship, was held at the Taurama Aquatic Centre on Saturday 3 June which saw 70 competitors compete from as young as 4 years old to the Masters categories.
- FedEx National SC Championships, was held over the weekend of 9 -10 September at the Taurama Aquatic Centre 50m pool complex. During the Championships 97 enthusiastic athletes came together for 2 days of unforgettable moments with all four strokes being contested over 4 sessions. A special welcome was made to the LASC swimmers who travelled over from Lae to compete alongside BASC in the Championships after a long spell of not being able to do so.

We thank the many technical officials who officiated under the direction of our World Aquatics Referee John Agovai and Starter Albert Vigil. **International Competitions**

- World Aquatics Championships took place from 14-30 July in Fukuoka, Japan. The swimming competition took place from 23-29 July. The Championships provided a platform for our athletes to showcase their prowess in the pool. Papua New Guinea was represented by 4 athletes (two males: twenty-three-year-old Josh Tarere and twenty-two-year-old Nathaniel Noka and two females: twenty-four-year-old Georgia-Leigh Vele and fourteen-year-old Abigail Ai Tom) under the coaching guidance of Coach Rick Van der Zant and Team Manager Sarenah Pini.
- Commonwealth Youth Games took place from the 4-11 August in Port of Spain, Trinidad and Tobago It was an invaluable springboard for the stars and leaders of tomorrow, contributing to the further development of youth sport throughout the Commonwealth. 1000+ athletes and para-athletes between the ages of 14-18 participated in seven sports in this year's Games.

Team PNG swim team was made up of 3 female swimmers: 14-year-old Jhnayali Tokome-Garap, 15-year-old Joanna Chen, and 15-year-old Rihannah Makail under the direction of Coach Rick Van der Zant.

XVII Pacific Games, was held in Honiara, Solomon Islands from 19 November and 2 December 2023. 24 countries and territories participated (the 22 Pacific Games Association's (PGA), and two Associate members - New Zealand, and Australia). The PNG Swim team was made up of eleven athletes; Females: Georgia-Leigh Vele, Jhnayali Tokome-Garap, Rihannah Makail, Allana Kirarock, Abigail Ai Tom and Joanna Chen; Males: Holly John, Josh Tarere, Matthew Vali, Thomas Chen and Felix Devlin. The Manager of the team was Beatrice Geita and the Coach Judith Meauri. Georgia-Leigh Vele was awarded a Bronze Medal in her individual event, 50 Breaststroke.

PNG was represented at the 2023 Pacific Games by Technical Officials Albert Vigil (World Aquatics Starter), John Agovai (World Aquatics Referee) and Avaireso Enoch.

Representation on Athlete Boards

It was with great pleasure we saw Ryan Pini MBE continuing on in his position of athlete representative on the Athlete Commission Boards below representing the welfare of our athletes and the safeguarding of the athletes on the National, Continental and the World stage.

The IOC's mission is to place athletes at the heart of the Olympic Movement and further support and protect clean and fair sport. It is also to ensure that the Athletes' viewpoint remains at the heart of the Olympic Movement decisions, representing the future, current and recently retired Olympic Athletes. And in saying that, as a member of the World Aquatics and the IOC's Athlete Commission Ryan was elected as the IOC Athletes' Commission Liaison on WADA.

Position held in 2023 were:

- World Anti-Doping Agency (WADA) The <u>complete membership of the 20-member Athlete Council</u> was named (effective 1 January 2023), which saw our own Ryan Pini MBE named as the Athlete Council Chair and Executive Committee Member.
- World Aquatics Athletes' Committee 2022-2026 period, Ryan Pini MBE continued his second term on the World Aquatics Athlete Committee.
- Pacific Games Council (PGC) Ryan Pini MBE was re-elected onto the Pacific Games Council Board as the Athletes Representative for another term at the 2023 XVII Pacific Games Solomon Islands.
- PNG Olympic Committee Athlete Commission Chair.







Scholarships and Corporate support of athletes that were in place in 2023:

- International Olympic Committee (IOC) Athlete Scholarship PNGSI affiliated swimmer Ryan Maskelyne continued his IOC Athlete Scholarship during 2023.
- World Aquatics Scholarship Program 20-year-old BASC male swimmer Matthew Vali, completed his scholarship at the Thanyapura Sports and Health Resort Gold Squad Training program in Phuket, Thailand in September 2023. Replacing Matthew, 23-year-old Josh Tarere BASC male swimmer was awarded a 12month scholarship (2023-2024). Josh departed for Thailand at the close of the Pacific Games in Honiara 2023.
- Carbine Club PNG Community Sport Sponsorship program saw 2 recipients from the Boroko Amateur Swimming Club, Nathaniel Noka and Josh Tarere receive PGK5,000 each in 2023.

During 2023, we became involved in the promotion of the "Go Rural Go Global" strategy plan of the PNG Sports Foundation (PNGSF). CEO Albert Veratau continued to promote the "Go Rural to Go Global" strategy plan to all National Federations. A Strategic intervention to 'leave no child behind'. The government minister for Higher Education Research Science & Technology and Sports, Hon. Don Pomb Polye was in attendance with the PNG Olympic Committee (PNGOC) Secretary General Auvita Rapilla and President Sir John Dawanincura Kt OBE at each of the meetings that were held throughout the year. We are dedicated to creating lasting legacies for our member sports and the community and this was presented as one aspect of how to do so.

Finally, I would like to sincerely thank all those who have volunteered their time to serve on the executive of PNGSI, and the committees of BASC and LASC. I would also like to acknowledge our Coaches for their ongoing commitment to developing our athletes in all areas of their development in the training programs.

We are extremely fortunate to have such a strong group of people supporting our Clubs. We would not be able to run without your support filling the many critical roles that envelop sports, including administrators, coaches and technical officials.

As we look towards 2024 it will see us finalize the PNGSI Strategic plan for the next 4 years and the Vision to define our next actions. The success of our sport will only be achieved through the cooperation and exchanges that we can develop between us. We have the destiny of our sport in our hands as we continue to integrate and listen to each other to continue to motivate and strengthen what we already have in place. I thank you all for your commitment and dedication over the year.

ELIZABETH WELLS MBE

PRESIDENT

Elizabethwells





TREASURER'S REPORT

President, Elizabeth Wells, Life Members, Club Members, Ladies and Gentlemen, on behalf of the Executive Committee of Papua New Guinea Swimming Inc, I submit the Financial Report for the year ending 31st December 2023.

I would like to acknowledge Carollah Segodi from Sinton Spence and Cherise Silvestre-Sagun for completing the audit of PNGSI's accounts for the year 2023. I would also like to express my gratitude for the Secretary's assistance in supporting me in my role as Treasurer.

The accounts indicate a profit of K10,572.

SARENAH PINI BEM

TREASURER

We received funding from Papua New Guinea Olympic Committee (PNGOC) for preparations for the Pacific Games 2023 (K22,782.48) and Commonwealth Youth Games (K8,951.40). This covered costs of athlete's training costs and preparation meets. K14,486.20 covered the expenses to travel and attend the World Aquatics Championships in Fukuoka. This was on top of the funds received from World Aquatics (K23,901.58) to assist with flights.

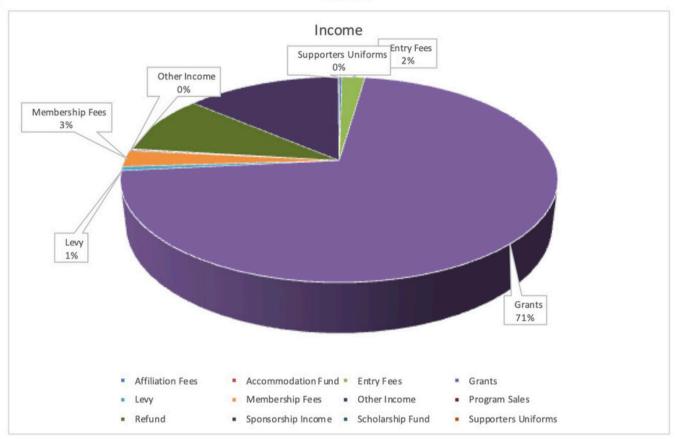
We received K76,541.82 from the World Aquatics 2023 Olympic Aquatic Support Program (OASP). This was used to engage a coordinator to assist with coaching and the learn to swim program, supporting the financial costs of sending our team to Fukuoka for the World Aquatics Championships, morning transport costs for the train on Pacific Games Squad, CPR Course, and assisting LASC to attend the Selection Meet (FedEx Nationals) for Pacific Games. The remainder 30% of the World Aquatics OASP 2022 funds (K24,751.73) were also received May 2023.

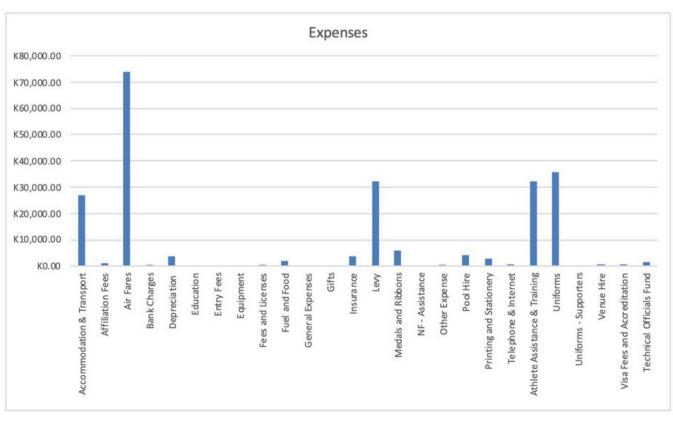
BSP funds received in late 2022 were utilised in 2023 to continue supporting our swimmers in the BSP Kundu National Target Squads.

PNG SWIMMING INC.

P.O. Box 5549 Boroko, NCD Papua New Guinea

Charts





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PAPUA NEW GUINEA SWIMMING INC.

REPORT OF THE COMMITTEE

The Committee of **Papua New Guinea Swimming Inc.** have pleasure in presenting the annual report together with the financial statements for the year ended 31st December 2023.

COMMITTEE

The following persons served on the committee at the date of this annual report: -

Elizabeth Wells Nathalie Pidik Carly Pini Sarenah Pini Beatrice Geita (Resigned 02.12.23) Emily Dula Judith Meauri Tony King President
Vice President
Secretary
Treasurer
Chief Technical Official
Registrar
Athletes' Representative
Property

RESULTS

The operating surplus for the year amounted to K10,572 (2022: K45,367).

ACTIVITIES

The main objective of **Papua New Guinea Swimming Inc.** is to promote and encourage aquatic sports throughout Papua New Guinea.

AUDITOR

These financial statements have been audited by Sinton Spence Chartered Accountants and should be read in conjunction with the Independent Audit Report set out on pages 4-5.

This 19 of June 2024

On behalf of the Committee

ELIZABETH WELLS PRESIDENT

S SARENAH PINI TREASURER

Signed at:

Signed at:

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PAPUA NEW GUINEA SWIMMING INC.

STATEMENT BY THE COMMITTEE

In the opinion of the Committee of Papua New Guinea Swimming Inc.: -

- (a) the statement of income and expenditure is drawn up so as to give a true and fair view of the results of the operations of the Association for the year ended 31st December 2023
- (b) the statement of financial position is drawn up so as to exhibit a true and fair view of the state of affairs of the Association as at 31st December 2023

This 19 of June 2024

ELIZABETH WELLS

Signed at:

On behalf of the Committee

SARENAH PINI TREASURER

Signed at:

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PAPUA NEW GUINEA SWIMMING INC.

REPORT OF THE AUDITOR

SCOPE

The financial statements - responsibility and content

The preparation of the financial statements for the year ended 31st December 2023 is the responsibility of the Committee of the Association. The financial statements have been prepared for distribution to the members for the purpose of fulfilling the Committee's financial reporting requirements under the provisions of the Association's Constitution.

The Committee has determined that the accounting policies used and described in Note 1 are consistent with the financial reporting requirements of the Association's Constitution and are appropriate to meet the needs of the members.

The auditor's role and work

We conducted an independent audit of the financial statements in order to express an opinion on them to the members of the Association. No opinion is expressed as to whether the accounting policies used are appropriate to meet the needs of the members. We disclaim any assumption of responsibility for any reliance on this audit report, or on the financial statements to which it relates to any person other than the members, or for any purpose other than for that which they were prepared.

Our role was to conduct the audit in accordance with International Standards on Auditing. The audit did not involve an analysis of the prudence of business decisions made by the Committee.

In conducting the audit, we carried out a number of procedures to assess whether in all material respects the financial statements present fairly a view which is consistent with our understanding of the Association's financial position and its financial performance in accordance with the accounting policies described in Note 1. These accounting policies do not require the application of all International Financial Reporting Standards.

The procedures included:

- selecting and examining evidence, on a test basis, to support amounts and disclosures in the financial statements. This included testing, as required by the auditing standards, certain internal controls, transactions and individual items. We did not examine every item of available evidence,
- obtaining written confirmation regarding material representations made to us in connection with the audit.
- reviewing the overall presentation of information in the financial statements.

Our opinion was formed on the basis of these procedures.

Independence

As auditor, we are required to be independent of the Association and free of interests that could be incompatible with integrity and objectivity. In respect of this engagement, we followed the independence requirements set out by the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants and the independence requirements set out by the Certified Practising Accountants Papua New Guinea.

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PAPUA NEW GUINEA SWIMMING INC.

REPORT OF THE AUDITOR

Opinion

In our opinion, the financial statements of Papua New Guinea Swimming Inc. are properly drawn up:

- (i) so as to give a true and fair view of the state of affairs of the Association as at 31st December 2023 and of the results of the Association for the financial year ended on that date; and;
- (ii) in accordance with the Accounting Standards adopted by the Certified Practising Accountants Papua New Guinea.

Signed at Boroko

This Polling June 2024

By J.S. SPENCE

(Registered under the Accountants Act - 1996)

SINTON SPENCE

CHARTERED ACCOUNTANTS

2nd Floor Brian Bell Plaza, Turumu Street, Boroko, NCD PO Box 6861, Boroko, NCD Papua New Guinea - 5 -

PAPUA NEW GUINEA SWIMMING INC.

STATEMENT OF INCOME AND EXPENDITURE FOR THE YEAR ENDED 31ST DECEMBER 2023

	2023 K	2022 K
INCOME		
Affiliation fees	750	1,000
Entry fees	6,260	3,936
Grants	217,942	203,478
Levy	2,000	2,000
Membership fees	7,900	6,320
Supporters uniforms	225	90
Program Sales	334	-
Refund for Levies	28,580	_
Sponsorship Income	41,992	-
Other income	520	4,899
	306,504	221,723
EXPENDITURE		
Accommodation and transport	26,863	42,459
Affiliation fees	1,187	1,276
Athlete assistance and training	32,315	500
Air fares	74,007	65,572
Bank charges	402	510
Depreciation	3,871	4,715
Entry fees	-	1,663
Equipment	.00	675
Fees and licenses	150	150
Fuel and food	2,108	6,163
Insurance	3,883	5,621
Levy	32,000	-
Medals and ribbons	5,790	
Miscellaneous expense	4	538
Pool hire	4,000	2,000
Printing and stationery	2,998	1,034
Services	66,986	38,221
Technical officials fund	1,430	315
Telephone and internet	556	556
Uniforms	35,882	2,154
Venue hire	718	-
Visa fees and accreditation	781	2,234
	295,931	176,356
OPERATING SURPLUS	К 10,572	K 45,367

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PAPUA NEW GUINEA SWIMMING INC.

STATEMENT OF FINANCIAL POSITION AS AT 31ST DECEMBER 2023

	NOTES	2023 K	2022 K
MEMBERS' FUND			
Members' funds	4	618,393	607,821
SURPLUS OF MEMBERS' FUNDS		K 618,393	K 607,821
Represented by:-			
ASSETS			
CURRENT			
Cash and cash equivalents		591,337	576,979
Prepayments and other debtors	5	1,372	-
Inventory		10,466	11,753
		603,175	588,732
NON CURRENT			
Fixed assets	7	15,218	19,089
		15,218	19,089
TOTAL ASSETS		K 618,393	K 607,821
		NAME OF TAXABLE PARTY.	STREET, ST. W. LEWIS CO., LANSING, MICH.

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PAPUA NEW GUINEA SWIMMING INC.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31ST DECEMBER 2023

	NOTES	2023 K		2022 K
OPERATING ACTIVITIES				
Receipts from affiliates, members and sponsorships		306,504		221,723
Payments to suppliers for goods and services		(292,146)		(174,695)
NET CASH FROM OPERATING ACTIVITIES	6	14,358		47,028
INVESTING ACTIVITIES				
Purchase of fixed assets		_		(2,574)
NET CASH USED IN INVESTING ACTIVITIES				(2,574)
NET INCREASE IN CASH AND CASH EQUIVALENTS		14,358		44,454
Cash and cash equivalents at the beginning of the year		576,979		532,525
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR		К 591,337	K	576,979
CASH AND CASH EQUIVALENTS ARE COMPRISED OF THE FOLLOWING:				
Cash on hand		-		4
Cash at bank		591,337		576,975
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR		K 591,337	K	576,979

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PAPUA NEW GUINEA SWIMMING INC.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

1 SIGNIFICANT ACCOUNTING POLICIES

These financial statements comply with applicable financial reporting standards and other mandatory professional reporting requirements approved for use in Papua New Guinea by the Accounting Standards Board (ASB).

The fundamental accounting assumptions recognised as appropriate for the measurement and reporting of results, cashflows and the financial position have been followed in the preparation of these financial statements.

Unless otherwise stated, the accounting policies adopted are consistent with those of the previous year.

The financial statements have been prepared on a going concern basis.

(a) Historical cost convention

The financial statements have been prepared under the historical cost convention and have not been adjusted to take account of the current costs of specific assets of their impact on the operating results, or changes in the general purchasing power of the kina.

(b) Recognition of revenue and expenditure

All revenue and expenditure is taken to account in accordance with the principle of matching income and expenses.

Revenue from donations and fund raising activities is recognised only when received.

(c) Cash

For the purpose of the cash flows, cash includes cash on hand and current accounts in banks, net of bank overdrafts. Cash equivalents are short term, highly liquid investments that are readily convertible to known amounts of cash.

(d) Fixed assets

The fixed assets are stated at cost less accumulated depreciation. The carrying amount of fixed assets is reviewed periodically by the management to ensure it is not in excess of the recoverable amount of those assets.

Depreciation is calculated on the straight line method so as to write off the new costs of the various classes of fixed assets during their effective working lives. Additions are depreciated from the date of purchase in the year of acquisition.

The principal annual rates in use are: -

Office equipment

15.00% to 30.00%

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PAPUA NEW GUINEA SWIMMING INC.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

1 SIGNIFICANT ACCOUNTING POLICIES (continued)

(e) Comparatives

Where necessary, comparative figures have been adjusted to conform to current disclosures and reclassification of balances. This has not resulted in any adjustment to the net assets or the members' funds account.

(f) Impairment of assets

The Association assesses impairment at each reporting date evaluating conditions specific to the Association that may lead to impairment of assets. Where an impairment trigger exists, the receivable amount of the asset is determined. Value-in-use calculations performed in assessing reasonable amounts incorporate key estimates.

2 FINANCIAL RISK MANAGEMENT

The Association's activities expose it to a variety of financial risks as follows: -

(a) Liquidity risk

The Association maintains sufficient cash to meet all future commitments.

(b) Fair value estimation

The estimated fair values of the Association's financial assets and liabilities are equivalent to their carrying values as listed in these financial statements.

(c) Market risk

Foreign exchange risk

The Association does not operate internationally and therefore is not exposed to foreign exchange risk.

Price risk

The Association is not exposed to significant price risk.

Cash flow and fair value interest rate risk

The Association has no significant interest-bearing deposits and the Association's income and operating cash flows are subsequently independent of changes in market interest rates.

(d) Credit risk

The Association has no significant exposure to credit risk.

3 TAXATION

The Association is exempt from income tax under Section 27 (b) of the Income Tax Act of Papua New Guinea 1959 as amended.

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PAPUA NEW GUINEA SWIMMING INC.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

				2023 K	2022 K
4	MEMBERS' FUNDS				
	Opening balance			607,821	562,454
	Net surplus for the year			10,572	45,367
	Closing balance			618,393	607,821
5	PREPAYMENTS AND OTHER ASSETS				
	Deposit to Travel Services Limited			1,372	
6	CASH FLOWS FROM OPERATING ACTIVE Reconciliation of operating activities cash		cit:		
	Operating surplus			10,572	45,367
	Non cash items:				
	Depreciation			3,871	4,715
	Movement in working capital:	ú - 1 l .		(4.272)	2.020
	(Increase)/Decrease in prepayments and or Decrease/(Increase) in inventory	ther deptors		(1,372) 1,287	2,030 (5,084)
	Net cash from operating activities			14,358	47,028
7	FIXED ASSETS				
		01.01.2023	Additions	Disposals	31.12.2023
	C	K	K	K	K
	Cost Office aguipment	49,871			40.071
	Office equipment				49,871
		49,871			49,871
	Accumulated Depreciation				
	Office equipment	30,782	3,871		34,653
		30,782	3,871		34,653
	Net book value at 31.12.2023				15,218
	Net book value at 31.12.2022				19,089

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PAPUA NEW GUINEA SWIMMING INC.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

8 RELATED PARTY TRANSACTIONS

Sarenah Pini, the treasurer is a shareholder in Theodist Limited. Papua New Guinea Swimming Inc made purchases from Theodist Limited during the year. The transactions were conducted on an arms length basis. In addition, bookkeeping and the preparation of the financial statements were performed by a Theodist staff member on behalf of Papua New Guinea Swimming Inc.

9 CONTINGENT LIABILITIES

At the date of this report, the committee are not aware of any contingent liabilities which would materially affect these financial statements.

10 POST BALANCE DATE EVENTS

The committee are not aware of any other events which occurred since the end of the financial period to the date of this report which would materially affect these financial statements.

CLUB REPORTS



BOROKO AMATEUR SWIMMING CLUB (BASC)

2023 was a busy and exciting year, with many new firsts for Boroko Amateur Swimming Club. After a rebuilding year and great pavement by the previous committee a new committee was elected on the 2nd August 2023, and with this committee, we were able to complete the projects that the previous committee had started, and then focus on the goals for this committee for 2023 – 2024. The main focus was fundraising and working on a strategic plan for Coach and Athlete Development.

Another Goal was to kick start our overseas relationship with TAS in Cairns, FNQ. We were able to lock in BASC's first overseas meet in many, many years. 2023 TAS Long Course Prep Meet Held at TAS pool, saw BASC compete against 10 other clubs in FNQ. This is something that I was very excited about. This comp would be the start of our athlete development with the main goal for our swimmers to see how other competitions are run and to perform under a different type of pressure that our swimmers are used to.

BASC had 5 swimmers attend this meet ages ranging from 9-16 years old. All the swimmers performed exceptionally well, all achieved PB's and placed in the top 3. This was a fantastic start to spreading the word that swimming in PNG is still going strong.

The Committee organized the following events;

- AGM (August 2023)
- 5 Club meets (March, May, July, August & October 2023)
- Dolphin Sprints (June 2023)
- BASC Golf Fundraising Day (October 2023)
- Club Championships (November 2023)
- Club Presentation Day (November 2023)

The Committee was able to introduce the club's new points system for 2023 and held 5 club meets where swimmers accumulated points that add up for end of year highest point scoring swimmer per age group. Introducing this system also ensures maximum participation with members.

The Committee also held our first ever Golf Day. This event was a great success with 17 teams registered & generous sponsors donating items for prizes. The committee had great feedback with this event and look forward to holding again in 2025.



The committee started working on our plan for Coach Development towards the end of 2023, with plans to bring over international Coaches from either the USA or Australia for coaches' workshops. This is ongoing and we are excited for this to take place in early 2024.

The club saw many Swimmers attain PBs, promotions, some new faces representing PNG and some very promising rising Swimmers in 2023.

As mentioned, the BASC 2023 AGM was held on Wednesday 2 August at Airways Conference room. The new Committee elected for the year was;

President: Jessica Geoghegan **Vice-President:** Tiffany Rumery

Secretary: Carly Pini **Treasurer:** Edwin Shankar

Registrar & Recorder: Emily Dula Publicity Officer: Tamara Asigau Property Officer: Rebecca Kennedy

BOROKO

At the Club Presentation Day held in November, the perpetuals were awarded for the second year. Recipients of these trophies were Josh Tarere (Ryan Pini Trophy) awarded to the onshore swimmer with the most outstanding achievements in the season, and Tony King (President's Trophy) selected by the President and is given to any swimmer, coach, technical official, committee member or parent who has gone above and beyond the required effort for the club. Tony was awarded the 2023 Presidents' Trophy for his dedication to the Club. Tony regularly is on the pool deck during competitions officiating, and in true form just moments before he was awarded, he was in the marshalling room fixing a fan to the wall.

The Squad Trophies are selected by the Coaches for a category of their choosing.

TROPHY	NAME
GOLD	
Male	Josh Tarere
Female	Ioana Shankar
SILVER	
Male	Avijith Kumar Ashok
Female	Helena Faunt
BRONZE	
Male	Levi Schulze
Female	Lily Lin
JUNIOR	
Male	Jahleel Masalo
Female	Ariana Asigau

We introduced our Club Meets scoring system which allowed swimmers to accumulate points at Club Meets throughout the year. The Age Champions were:

TROPHY	POINTS	NAME
7 Years & Under		
Female	50	Harper King
8 Years & Under		
Male	67	Nate Pini
Female	52	Miana Scott
9 Years		
Male	89	Gabriel Faunt
Female	51	Siann Baker
10 Years		
Male	84	Josh Geoghegan
Female	87	Lily Lin
11 Years		
Male	56	Cameron Dula
Female	105	Madison Kahn
12 - 13 Years		
Male	54	Seiji Scott
Female	105	Ioana Shankar
14 - 15 Years		
Male	84	Jeremiah Nen
14 Years		
Female	84	Abigail Ai Tom
15 Years		
Female	70	Rihannah Makail
16 - 17 Years		
Male	51	Colin Makail
18 Years & Over		
Male	61	Josh Tarere



2023, saw the arrival of our new club caps, which the swimmers voted for, by casting their vote for the design they liked the most. We also ran a 'Design the Club Shirt' competition late in 2022 and they look fantastic on the swimmers and Club members. New Coaches shirts and rashies were also given to the Coaches.



We look forward to continuing the successes of 2023 into 2024, I am grateful for the support we receive from our volunteers, parents and Club members, as well as from business houses that show their support for our club. We are excited for the growth we aim to achieve in 2024 and beyond.

JESS GEOGHEGAN
BASC PRESIDENT

REPRESENTATIVE TEAMS

20TH WORLD AQUATICS CHAMPIONSHIPS Fukuoka, Japan – 23 to 30 July 2023

Abigail Ai Tom (BASC) Nathaniel Noka (BASC) Josh Tarere (BASC) Georgia-Leigh Vele (BASC)

Rick Van Der Zant (Coach) Sarenah Pini (Manager)





COMMONWEALTH YOUTH GAMES Trinidad & Tobago - 4 to 11 August 2023

Joanna Chen (BASC)
Rihannah Makail (BASC)
Jhnayali Tokome-Garap (BASC)
Rick Van Der Zant (Coach/Manager)

17TH PACIFIC GAMES Honiara, Solomon Islands 19 to 25 November 2023

Abigail Ai Tom (BASC)
Joanna Chen (BASC)
Thomas Chen (BASC)
Felix Devlin (LASC)
Allana Kirarock (BASC)
Rihannah Makail (BASC)
Josh Tarere (BASC)
Jhnayali Tokome-Garap (BASC)
Matthew Vali (BASC)
Georgia-Leigh Vele (BASC)

Judith Meauri (Coach) Beatrice Geita (Manager)



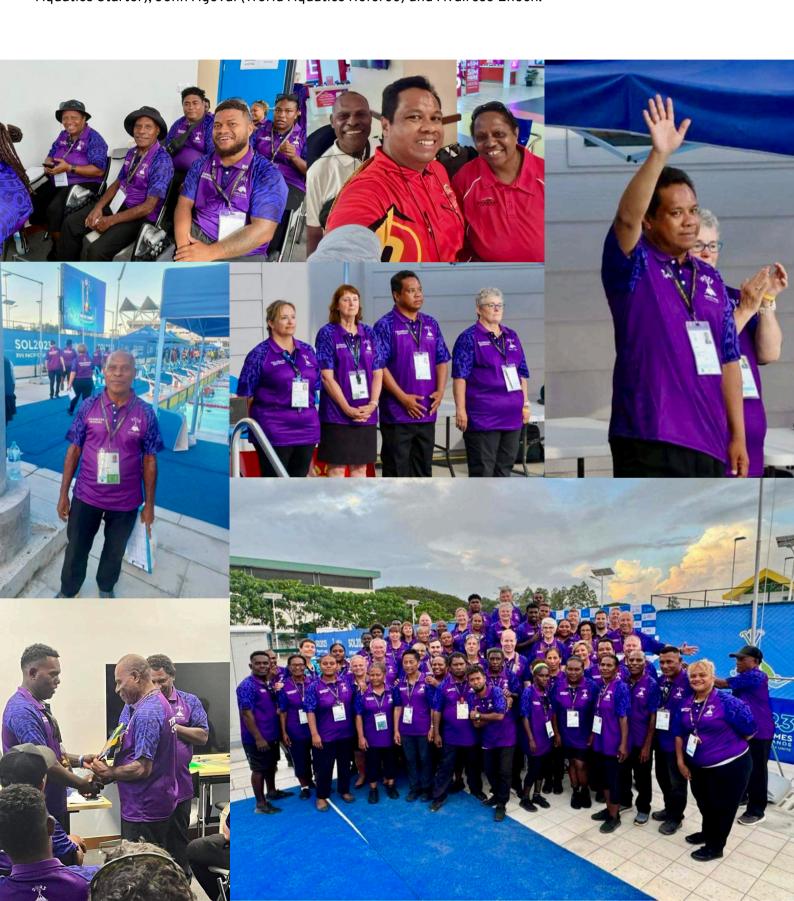
PNGAX SQUADS FOR 2023

PROGRESSIVE PNG SQUADS & SUMMARIES OF ACHIEVEMENT BY SWIMMER – as at 25 November 2023

	BY SWIMMER – as at 25 November 2023							
Surname	First	Club	Level Achieved	Promotions	Competition Achieved	#		
The state of the second	Name			/Additions				
Chen	Thomas	Boroko	GOLD TARGET	New addition	as at FedEx Nationals Sept 2023	1		
Noka	Nathaniel	Boroko	GOLD TARGET	New addition	as at Theodist April 2023	2		
Tarere	Josh	Boroko	GOLD TARGET	New addition	as at Theodist April 2023	3		
Tokome-Garap	Jhnayali	Boroko	GOLD TARGET	Promotion	as at CYG 2023	4		
Vele	Georgia-Leigh	Boroko	GOLD TARGET	New addition	as at Theodist April 2023	5		
Chen	Joanna	Boroko	SILVER TARGET	Promotion	as at CYG 2023	1		
Devlin	Felix	LASC	SILVER TARGET	Promotion	as at PG2023	2		
John	Holly	Boroko	SILVER TARGET	Promotion	as at PG2023	3		
Makail	Rihannah	Boroko	SILVER TARGET	Promotion	as at CYG 2023	4		
Ai Tom	Abigail	Boroko	BRONZE TARGET	New addition	as at Theodist April 2023	1		
John	Keven	Boroko	BRONZE TARGET	New addition	as at Theodist April 2023	2		
Kirarock	Allana	Boroko	BRONZE TARGET	Promotion	as at PG2023	3		
Shankar	Ioana	Boroko	BRONZE TARGET	New addition	as at Theodist April 2023	4		
Vali	Matthew	Boroko	BRONZE TARGET	New addition	as at Thailand April 2023	5		
Vava	Nicholas	LASC	BRONZE TARGET	New addition	as at FedEx Nationals Sept 2023	6		
Cakaukeivuya	Talei	Boroko	GOLD INTERMEDIATE	New addition	as at Theodist April 2023	1		
Kirarock	Roxanne	Boroko	GOLD INTERMEDIATE	New addition	as at Theodist April 2023	2		
Nen	Jeremiah	Boroko	GOLD INTERMEDIATE	New addition	as at Theodist April 2023	3		
Oates	Troy	LASC	GOLD INTERMEDIATE	New addition	as at FedEx Nationals Sept 2023	4		
Wong	Varea	Boroko	GOLD INTERMEDIATE	Promotion	as at FedEx Nationals Sept 2023	5		
Boas	Cassandra	LASC	SILVER INTERMEDIATE	New addition	as at FedEx Nationals Sept 2023	1		
Bonei	Teesh	Boroko	SILVER INTERMEDIATE	New addition	as at Theodist April 2023	2		
Makail	Colin	Boroko	SILVER INTERMEDIATE	New addition	as at Theodist April 2023	3		
Dula	Cameron	Boroko	GOLD JUNIOR	New addition	as at Theodist April 2023	1		
Faunt	Helena	Boroko	GOLD JUNIOR	New addition	as at Theodist April 2023	2		
Geogheghan	Josh	Boroko	GOLD JUNIOR	New addition	as at Theodist April 2023	3		
Kahn	Madison	Boroko	GOLD JUNIOR	New addition	as at Theodist April 2023	4		
Pidik	Aria	Boroko	GOLD JUNIOR	New addition	as at Theodist April 2023	5		
Schulze	Levi	Boroko	GOLD JUNIOR	Promotion	as at FedEx Nationals Sept 2023	6		
Allen	Graham	Boroko	SILVER JUNIOR	New addition	as at FedEx Nationals Sept 2023	1		
Ashok Kumar	Kamaljith	Boroko	SILVER JUNIOR	New addition	as at FedEx Nationals Sept 2023	2		
Baker	Siann	Boroko	SILVER JUNIOR	New addition	as at Theodist April 2023	3		
Dula	Liliana	Boroko	SILVER JUNIOR	New addition	as at Theodist April 2023	4		
Faunt	Gabriel	Boroko	SILVER JUNIOR	New addition	as at FedEx Nationals Sept 2023	5		
Lin	Lily	Boroko	SILVER JUNIOR	New addition	as at Theodist April 2023	6		
Mase	Almeida	Boroko	SILVER JUNIOR	New addition	as at Theodist April 2023	7		
Murray	Bernelle	Boroko	SILVER JUNIOR	New addition	as at Theodist April 2023	8		
Papenfus	Dylan	Boroko	SILVER JUNIOR	New addition	as at Dolphin Sprints 2023	9		
Seeto	Aimee	Boroko	SILVER JUNIOR	New addition	as at Theodist April 2023	10		
Wasson	Reez	Boroko	SILVER JUNIOR	New addition	as at Theodist April 2023	11		

TECHNICAL OFFICIALS

Papuan New Guinea was represented at the 2023 Pacific Games by Technical Officials Albert Vigil (World Aquatics Starter), John Agovai (World Aquatics Referee) and Avaireso Enoch.



NATIONAL CHAMPIONSHIPS

Theodist PNG National Championships Port Moresby - 29 to 30 April 2023

The 2023 Theodist PNG National Swimming Championship was held over the weekend of 29-30 April at Taurama Aquatic Centre 50m pool complex. This prestigious event on the PNGSI calendar brought together our talented and enthusiastic swimmers (Age and Masters swimmers) training in the National Capital and Queensland from Boroko Amateur Swim Club (BASC).

A feeling of excitement and eager anticipation was felt by our swimmers as they raced the clock swimming against their fellow training mates eager to improve.

There were some excellent performances from the eighty-four (84) swimmers who competed in their individual events over the three sessions of competition, many personal best times were swum and nine PNG National Records recorded which included one age record and seven Masters records.







RECORDS were set by:

Individual Age Record:

 Female swimmer, Jhnayali Tokome-Garap took the 50m Backstroke record for the 14-year age, swimming a finish time of 34.28. The previous record time of 34.69 was held by Nicole Comerford set in 1995.

PNG Masters Records:

- Female 40-44 Age Division, Michelle Garbutt took the 50m Freestyle record clocking a finish time of 32.09 previously held by Louise Franklin 38.53 set in 1998.
- Female 40-44 Age Division, Michelle Garbutt took the 100m Freestyle record clocking a finish time of 1:18.05, previously held by Robbie Dunstan 1:51.96 set in 2005.
- Female 40-44 Age Division, Kaye Kahn set a new 50m Butterfly record clocking a finish time of 47.16.
- Female 55-59 Age Division, Tracy Nen set a new 50m Freestyle record clocking a finish time of 1:07.08.
- Male 55-59 Age Division, Warwick Vele took the 50m Freestyle record clocking a finish time of 32.73, previously held by Francis Tau 34.11 set in 2015.
- Male 60-64 Age Division, Francis Tau set a new in the 50m Backstroke clocking a finish time of 40.16.
- Male 60-64 Age Division, Francis Tau set a new in the 100m Freestyle clocking a finish time of 1:19.30.



Papua New Guinea Swimming Inc. thanks Theodist Limited for their continued sponsorship and promotion of this prestigious event allowing Papua New Guinea Swimming Inc. to provide a platform for our athletes to showcase their talent in the pool, and the Boroko Amateur Swimming Club who hosted the event.

The Theodist PNG National Championships provided a wonderful opportunity for our athletes to realize their dreams, and secure a place on the BSP National Aquatic Excellence Squad with 30 swimmers swimming a qualifying time to become a member.

BSP Kundu Gold Target: Nathaniel Noka, Josh Tarere, Georgia-Leigh Vele

BSP Kundu Silver Target: Jhnayali Tokome-Garap

BSP Kundu Bronze Target: Abigail Ai Tom, Joanna Chen, Holly John, Keven John, Rihannah Makail, Ioana

Shankar, Matthew Vali

PNGAX Intermediate Gold: Talei Cakaukeivuya, Roxanne Kirarock, Jeremiah Nen

PNGAX Intermediate Silver: Teesh Bonei, Allana Kirarock, Colin Makail, Varea Wong

PNGAX Junior Gold: Cameron Dula, Helena Faunt, Josh Geoghegan, Madison Kahn, Aria Pidik

PNGAX Junior Silver: Siann Baker, Liliana Dula, Lilly Lin, Almeida Mase, Bernelle Murray, Dylan Papenfus, Levi

Schulze, Aimee Seeto, Reez Wasson



FedEx PNG National Championships Port Moresby - 9 to 10 September 2023

The 2023 FedEx PNG National Championships was held from the 9-10 September at the Taurama Aquatic Centre 50m pool in NCD.

During the Championships we saw 97 enthusiastic athletes coming together for 2 days of unforgettable moments with all four strokes being contested over 4 sessions.

It was a time when swimmers from around the country and overseas came together in friendly competition. A special welcome was made to the LASC swimmers who travelled over from Lae to compete alongside BASC in the Championships after a long spell of not being able to do so.

Host Club BASC alongside PNGSI had been working hard behind the scenes to allow for the smooth running of the event as the swimmers focussed on doing their best in their individual events and relays and enjoying the camaraderie of their fellow team mates.







It was an important national competition to further develop our athletes in race practice, confidence in competing and believing that they can achieve. We saw many inspirational performances from our athletes, (age group, open and masters) as they took to the water in competition with many personal best times swum.

The championship provided an opportunity for swimmers to swim qualifying times to gain a place on the BSP National Kundu Aquatic Excellence Squads - Junior and Intermediate, Silver and Gold and the Kundu Target Squads: Bronze, Silver and Gold, and Platinum.

They were:

BSP Kundu Gold Target: Thomas Chen

BSP Kundu Bronze Target: Felix Devlin (LASC), Nicholas Vava (LASC)

PNGAX Intermediate Gold: Troy Oates (LASC), Varea Wong

PNGAX Intermediate Silver: Cassandra Boas (LASC)

PNGAX Junior Gold: Levi Schulze

PNGAX Junior Silver: Graham Allen, Kamaljith Ashok Kumar, Gabriel Faunt





PNGSI sincerely expresses their sincere gratitude, appreciation and thanks to all those involved, who gave up their free time to help in the preparation and running of the FedEx Championships in an efficient and professional manner.

This has been made possible by the cooperation of many parties. We thank the many technical officials under the direction of our World Aquatics Referee John Agovai and Starter Albert Vigil; our major sponsor PNG AIR FREIGHT, and the Organisers in both PNGSI and Boroko Swim Club for their great efforts in quaranteeing the quality of the event.



INTERNATIONAL COMPETITIONS

20th WORLD AQUATICS CHAMPIONSHIPS Fukuoka, Japan - 23 to 30 July 2023



The World Aquatics Championships were held from the 14-30 July, 2023 in Fukuoka, Japan. The swimming competition took place from 23-29th July at the Marine Messe Halls A&B. The event was staged over 7 days with heats in the morning sessions and the semi-finals and finals in the evening session.

The Championships provided a platform for our athletes to showcase their prowess in the pool. Papua New Guinea was represented by 4 athletes (two males: twenty-three-year-old Josh Tarere and twenty-two-year-old Nathaniel Noka and two females: twenty-four-year-old Georgia-Leigh Vele and fourteen-year-old Abigail Ai Tom) under the coaching guidance of Coach Rick Van Der Zant and Team Manager Sarenah Pini.

The 1st day of competition, Sunday 23rd July, saw twenty-two-year-old Nathaniel Noka take to the water in the Male Open 50m Butterfly heat event. This being the first time for Nathaniel to compete on the world stage in a long course championship. He swam a competitive race clocking a finish time of 27.46, placing him 3rd in Heat 3 of 10 Heats.

Day 2 of the competition, Monday 24th July, saw fourteen-year-old Abigail Ai Tom swim the 100m backstroke in a finish time of 1:14.69, a personal best time.

Day 4 of the competition, Wednesday 26th July saw the 100m freestyle event swum by Josh Tarere with a finish time of 55.27.

The 4 x 100m mixed medley relay team was in great form stopping the clock in 4:32:31. Abigail Ai Tom (backstroke) led off with a 1:15:56 followed by Georgia-Leigh Vele (breaststroke) splitting 1:17:41, followed by Nathaniel Noka swimming 63:88 for his butterfly leg and Josh Tarere (freestyle) finished the relay in a 55:46.



Day 5 of the competition, Thursday 27th July, saw the 100m freestyle women's event take place with Georgia-Leigh Vele showing grit and determination swimming a personal best time of 61.17.

Day 6 of the competition, Friday 28th July, saw three individual events being swum 100m Butterfly, 50m Freestyle, 50m Butterfly.

First up was Nathaniel Noka producing a personal best in the 100m butterfly in 63.69. "Highlight for Nathaniel was his controlled stroke rate throughout his race. After his event he commented on the great experience he has had in learning about racing to his potential," said Coach Van Der Zant.

Next swimmer to take to the competition blocks was team member Josh Tarere in the 50m freestyle. His finish time of 24.77 was just shy of his lifetime personal best in the 50m freestyle.



Abigail Ai Tom left no stone unturned with a gutsy performance in the 50m butterfly. "Abigail finished her individual events with a very credible 31.46 and a new personal best," said a delighted coach, Rick Van Der Zant.

Day 7 of the competition, Saturday 29th July, saw our last individual event of the competition being



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Forty minutes later Georgia-Leigh backed up anchoring the 4 x 100m mixed freestyle relay. Again, Georgia-Leigh nailed her goal stroke frequency rates to swim a 60.78. This was even more special because she dove in fourth place behind team Federated States of Micronesia who were 2.81 seconds in front. She pegged back the lead by the 80m mark to put team PNG into third place for the heat," commented coach Van Der Zant.

The 4 x 100 Mixed Freestyle Relay was led off by Nathaniel Noka who swam an impressive personal best of 57.02. He was followed by Josh Tarere in 56.94 and youngest of the quartet Abigail Ai Tom pushed herself all the way to split 68.40. "A great week of competition was had with many personal best times swum, and many special moments surfacing," concluded the Team Manager Sarenah Pini.



COMMONWEALTH YOUTH GAMES Trinidad & Tobago - 4 to 11 August 2023



The 7th Commonwealth Youth Games (CYG) took place on the Islands of Trinidad and Tobago between 4-11 August 2023. It is an invaluable springboard for the stars and leaders of tomorrow, contributing to the further development of youth sport throughout the Commonwealth. 1000+ athletes and para-athletes between the ages of 14-18 participated in seven sports in this year's Games. The Games have traditionally taken place every four years with the first event being hosted in Edinburgh, Scotland in 2000. Trinidad and Tobago were initially awarded the 2021 Commonwealth Youth Games in June 2019, but the Games were postponed due to the impact of the pandemic on the international sport calendar.

The competition took place across Trinidad and Tobago, bringing a diverse perspective of the twin island country to the nations of the Commonwealth, as well as showcasing a festival of the country's activities. Team PNG swim team was made up of 3 female swimmers: 14 year-old Jhnayali Tokome- Garap, 15-year-old Joanna Chen, and 15-year-old Rihannah Makail under the direction of Coach Rick Van Der Zant.



Sunday 6 August

Papua New Guinea were in full swing on day one of the Commonwealth Youth Games. Jhnayali Tokome-Garap and Joanna Chen hit the pool in full flight in the opening event of the 50m Butterfly only to find out that the timing system malfunctioned. Jhnayali re-swam the race stopping the clock in a new personal best of 32.56 while Joanna opted to sit out of the re-run due to her heat of the 100m Backstroke only thirty minutes away from starting. Joanna lined up in the first heat of the 100m Backstroke to take the win in this heat swimming a new personal best of 1.11.98. Joanna controlled her stroke rate well throughout the race to split a 34.80 at the 50m mark. Joanna was all smiles after her official results came through.

Rihanna Makail showed true grit and great determination in her event, the 200m breaststroke. Leading up to today her focus was to control the first 50 rating in the mid thirties. She did this precisely and swam the race recording an 11 second personal best.

It was a great start for the team today but refocusing on the events over the next three days is important to our overall success. Overall, the girls all stood up and did Papua New Guinea very proud. Now it's back to warming up and swimming down well in preparation for tomorrow.

Chef de Mission lammo Gapi Launa had tears after the success of her team today. Team physiotherapist Hendriella Vilosi and the Chef de Mission spurred on the team with huge shouts of GO PNG during the first session.





Monday 7 August

Another huge morning for the PNG swim team, 2nd day of competition. Jhnayali Tokome-Garap and Joanna Chen took to the water in the 50m Backstroke, both swimming personal best times. Great underwater work by both young ladies to stop the clock in 33.16 and 33.35 respectively.

Fifteen minutes later, both girls lined up in the heats of the 100m Freestyle which saw Joanna smash her personal best swimming a time of 66.07 winning her heat in fine fashion and Jhnayali left no stone unturned swimming a personal best of 64.15, sprinting down the first 50m rating between 56-48 strokes per minute and finishing strongly rating 48-46 strokes per minute. A wonderful learning experience for the girls in having a focus on race strategy with stroke rates.

Rihannah Makail sizzled down the pool knocking off her personal best by half a second in the 50m Breaststroke. Taking 31 strokes over the sprint distance Rihannah swam a very respectable 36.74.

Tuesday 8 August

Another huge day for the Papua New Guinea swim team at the National Aquatic Centre, 3rd day of competition. The day began at 6am with a Trinidadian inspired breakfast including cereals fruits and various hot dishes. We then made our way to the buses and patiently waited for all the buses to leave together for our 45-minute police escorted journey to the pool. The Athletes stretched and prepared mentally before warming up in the competition pool roughly 80-90 minutes before their scheduled event. Athletes then have to be in the marshalling room 20-25 minutes before they race.





Fifteen-year-old Rihannah Makail proved to be a force to be reckoned with in the future, today in swimming another personal best in the 100m Breaststroke. She split 38.98 to stop the clock in a time of 1.21.18! That makes it a clean sweep of personal bests in all three events of Breaststroke. Rihanna learnt so much about her speed and stroke efficiency today and will take her knowledge back home to build her training to reach greater heights.

Jhnayali Tokome-Garap was a little anxious today about contesting her first 100m Butterfly event. She did so and revelled in the opportunity to develop new skills in an event that was new to her. Her stroke frequency was between 58-50 and she completed the event in 1.13.48 going through the 50m mark in 33.11.

Fifteen-year-old Joanna Chen followed her pre race warm up routine to a tee to smash out a personal best of 2.39.65. Consistent stroke rates throughout highlighted her swim with splits of 35.33/39.30/41.98/43.04. Joanna started to fatigue during the last 100 but continued to push herself the whole way. Another great effort for Joanna who is looking at improving her 200 in the future.

The girls held up really well both physically and mentally. Day three usually brings along challenges but these young ladies have shown great maturity and resilience to keep their mind and bodies prepared each day to race at their best.

Wednesday 9 August

Joanna Chen began the 4th day of competition with another 4 second personal best in the 200m Individual Medley. Joanna displayed lots of focus in the warm up and planned her race strategy for her assault on the IM event. Her finish time was 2.42.33.

No less than twenty minutes later Joanna fronted up to finish off her meet with the 50m Freestyle sprint. Again, sizzling down the pool smashing her personal best swimming a sub 30 for the first-time clocking 29.43. This has been an extraordinary meet for Joanna swimming a personal best in all seven events she contested.

Jhnayali Tokome-Garap had been looking forward to the 50m dash all week. She did not disappoint knocking her personal best out of the ball park with a 28.58. Jhnayali had the biggest smile ever after her efforts in the 50m Freestyle. Five events converting that into five personal bests.

Coach Van Der Zant concluded "I am ecstatic about the efforts and performances of the PNG swimmers."

RESULTS OF OUR SWIMMERS

Joanna Chen

50m Freestyle 29.43 PB 100m Freestyle 1:06.07 PB 50m Backstroke 33.35 PB 100m Backstroke 1:11.98 PB 200m Backstroke 2:38.24 PB 200m Ind. Medley 2:42.33 PB

Rihannah Makail

50m Breaststroke 36.74 PB 100m Breaststroke 1:21.18 PB 200m Breaststroke 2:57.00 PB

Jhnayali Tokome-Garap

50m Freestyle 28.58 100m Freestyle 1:04.15 PB 50m Butterfly 32.56 PB 100m Butterfly 1:13.48 PB 50m Backstroke 33.16 PB



PACIFIC GAMES Honiara, Solomon Islands – 19 to 11 November 2023



2023 Pacific Games, officially known as the XVII Pacific Games, is an ongoing continental multi-sport event for the Pacific Island countries and territories that was held in Honiara, Solomon Islands between 19 November and 2 December 2023. This was the first time that the Solomon Islands have hosted the Pacific Games and became the seventh country to do so.

The Games are held every four years among athletes from Oceania. The inaugural Games took place in 1963 in Suva, Fiji. The Games, originally scheduled for 16 29 July 2023, were rescheduled when the Games organizers requested a date change due to delays in preparation for the games caused by the COVID-19 pandemic in Solomon Islands.

The Pacific Games Council (PGC) organised the Games in Honiara and oversaw the host city's preparations with able body athletes and athletes with a disability making up the full members of the national teams. 24 countries and territories participated (the 22 Pacific Games Association's (PGA), and two Associate members - New Zealand, and Australia).

The PNG Swim team's eleven athletes were: Female athletes included Georgia-Leigh Vele, Jhnayali Tokome-Garap, Rihannah Makail, Allana Kirarock, and Abigail Ai Tom and Joanna Chen; Male athletes included Holly John, Josh Tarere, Matthew Vali, Thomas Chen and Felix Devlin. The Manager of the team was Beatrice Geita and the Coach Judith Meauri.



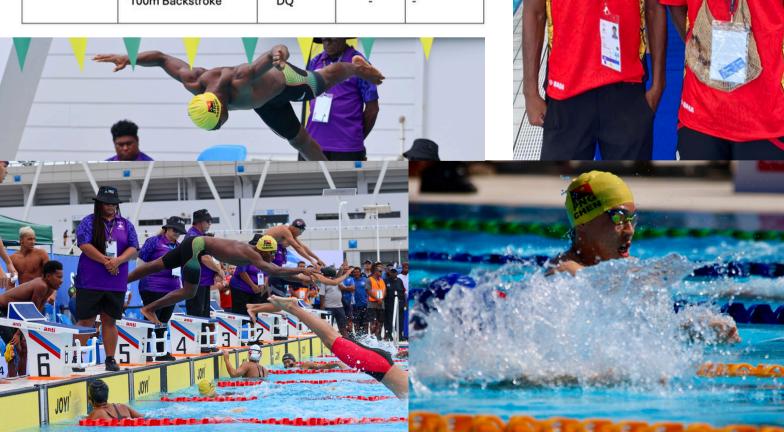
RESULTS OF OUR FEMALE SWIMMERS

Joanna Chen	50m Backstroke	34.02	-	14/24
	50m Freestyle	30.04		21/33
	200m Backstroke	2:42.98	2:42.06	7/10 & 7/8
	100m Freestyle	1:05.87	25	16/28
	100m Backstroke	1:14.74	-	10/16
Allana Kirarock	400m Freestyle	6:26.61	-	11/11
	800m Freestyle		13:05.27	7/8
	200m Freestyle	2:27.51	-	17/17
	5km Open Water		7-	
Rihannah Makail	200m Breaststroke	-	2:57.48	7/8
	50m Breaststroke	36.30 PB	36.47	8/24 & 6/8
	100m Breaststroke	1:20.11 PB	1:21.52	5/14 & 7/8
Jhnayali Tokome-	100m Butterfly	1:17.22	-	14/15
Garap	100m Freestyle (relay)	1:03.51		-
	50m Backstroke	33.24	-	12/24
	50m Freestyle	28.09 PB	28.20	8/33 & 8/8
	50m Backstroke (relay)	-	33.11 PB	-
	100m Freestyle	1:03.21 PB	-	9/28
	50m Butterfly	31.78 PB	-	12/23
	200m Freestyle	2:28.89 PB		13/17
Georgia-Leigh Vele	50m Breaststroke	34.87	34.75 PB	4/24 & 3/8 Bronze
	200m Freestyle (relay)	2:20.31	-	-
	50m Freestyle	27.77	27.58	7/33 & 7/8
	100m Freestyle	1:01.35	1:01.64	7/28 & 8/8
	50m Butterfly	30.72	29.80 PB	8/23 & 6/8



RESULTS OF OUR MALE SWIMMERS

Swimmer	Event	Heat	Final	Placing
Thomas Chen	100m Butterfly	1:02.74 PB	-	13/21
	100m Freestyle (relay)	56.89	-	-
	50m Breaststroke	30.62 PB	30.88	5/22 & 8/8
	50m Backstroke	31.89	8	19/29
	200m Freestyle (relay)	2:09.71 PB	-	-
	50m Freestyle	24.97	-	11/36
	100m Breaststroke	DNS	-	-
	100m Backstroke	DNS	_ =	-
Felix Devlin	50m Backstroke	32.93		21/29
	50m Freestyle	26.27	-	22/36
	100m Freestyle	1:00.73		24/33
Holly John	400m Freestyle	4:50.50	4:51.52	10/15 & 8/8
	100m Freestyle	58.81	_	22/33
	50m Butterfly	29.16	-	18/28
	50m Freestyle (relay)	26.11	26.54	-
	200m Freestyle	2:14.69	2:16.68	10/22 & 8/8
Josh Tarere	400m Freestyle	4:59.29	-	12/15
	100m Freestyle (relay)	-	55.98	-
	50m Backstroke	31.33	-	18/29
	50m Freestyle	25.12	-0	14/36
	100m Freestyle	55.65	-	11/33
	50m Butterfly	NS		_
	200m Freestyle	2:11.85	2:12.58	8/22 & 7/8
	100m Backstroke	-	1:10.64	-
	(relay)			
Matthew Vali	400m Freestyle	5:04.41 PB	-	13/15
	1500m Freestyle	-	19:41.03	5/8
	200m Freestyle	2:18.60	PB	14/22
			-	
Abigail Ai Tom	100m Butterfly	1:12.61 PB	-	11/15
	50m Backstroke	34.30 PB	2.	16/24
	200m Backstroke	2:41.37	2:40.63	5/10 & 5/8
	50m Butterfly	31.47	РВ	10/23
	100m Backstroke	DQ	-	-



RESULTS OF OUR RELAYS

	Event	Heat	Final	Placin
Thomas Chen (56.89) Felix Devlin Holly John	4 x 100m Free	3:51.92		8/9
Josh Tarere Josh Tarere (55.98) Holly John Felix Devlin Thomas Chen	4 x 100m Free		3:50.42	8/8
Jhnayali Tokome-Garap (1:03.51) Joanna Chen Abigail Ai Tom Georgia-Leigh Vele	4 x 100m Free	-	4:16.22	4/5
Thomas Chen (2:09.71) Holly John Matthew Vali Josh Tarere	4 x 200m Free	-	8:55.41	5/6
Georgia-Leigh Vele (2:20.31) Joanna Chen Abigail Ai Tom Jhnayali Tokome-Garap	4 x 200m Free	-	9:45.14	4/5
Jhnayali Tokome-Garap Thomas Chen Georgia-Leigh Vele Josh Tarere	4 x 50m Mixed Medley	1:58.97		4/11
Jhnayali Tokome-Garap (33.11) Georgia-Leigh Vele Holly John Josh Tarere	4 x 50m Mixed Medley		2:00.06	6/8
Holly John (26.11) Georgia-Leigh Vele Jhnayali Tokome-Garap Josh Tarere	4 x 50m Mixed Free	1:46.73		5/11
Holly John (26.54) Georgia-Leigh Vele Jhnayali Tokome-Garap Josh Tarere	4 x 50m Mixed Free		1:47.03	6/8
Jhnayali Tokome-Garap (1:16.52) Rihannah Makail Abigail Ai Tom Georgia-Leigh Vele	4 x 100m Medley		4:54.09	4/6
Josh Tarere (1:10.64) Matthew Vali Holly John Felix Devlin	4 x 100m Medley		4:42.76	7/8



RECORDS

PNG Long Course Records

PNG RECORDS SET AT MEETS 2023									
Event	Туре	Name	Age Time Old Prev Holder		Club	Year			
Theodist PNG National Championships – 29 to 30 April 2023									
50m Backstroke	PNGR	Jhnayali Tokome-Garap	14	34.28	34.69	Nicole Comerford	BASC	1995	

PNG Short Course Records

PNG RECORDS SET AT MEETS 2023									
Event	Туре	Name	Age	Time	Old Time	Prev Holder	Club	Year	
Queensland Short Course Championships – 11 to 13 August 2023									
50m Freestyle	PNG	Cameron Dula	11	29.36	30.10	Riley Albrecht	BASC	2009	
50m Butterfly	PNG	Cameron Dula	11	33.37	34.22	Riley Albrecht	BASC	2009	
100m Ind. Medley	PNG	Cameron Dula	11	1:16.29	1:18.28	Riley Albrecht	BASC	2009	

PNG Masters Short Course Records

PNG MASTERS RECORDS SET AT MEETS 2023											
Event	Туре	Name	Age	Time	Old Time	Prev Holder	Club	Year			
Theodist PNG National Championships – 29 to 30 April 2023											
50m Backstroke	PNG/R/A	Francis Tau (63)	60-64	40.16	-	-	-	-			
1000m Freestyle	PNG/R/A	Francis Tau (63)	60-64	1:19.30	-	-		-			
50m Freestyle	PNG/R/A	Michelle Garbutt (41)	40-44	32.09	38.53	Louise Franklin	LASC	1998			
100m Freestyle	PNG/R/A	Michelle Garbutt (41)	40-44	1:18.05	1:51.96	Robbie Dunstan	BASC	2005			
50m Butterfly	PNG/R/A	Kaye Kahn (43)	40-44	47.16	-	•	-	-			
50m Freestyle	PNG/R/A	Tracy Nen (55)	55-59	1:07.08	-		-	i u			
50m Freestyle	PNG/R/A	Warwick Vele (55)	55-59	32.73	34.11	Francis Tau	BASC	2015			

EDUCATION

Training with St John's Ambulance Service PNG

Papua New Guinea Swimming Inc. took advantage of the Emergency First Aid course conducted by St John's Ambulance PNG trainer Sharon Wabiyawi at the Royal Papua Yacht Club in Port Moresby, Papua New Guinea. Essential Emergency First Aid (Basic) 1- day course participants included Carly Pini, Jessica Geoghegan, Anita Allen and Francis Tau.

CPR + AED (4-hour course) included refresher course for participants Sarenah Pini, Elizabeth Wells, Vincent Tubuyavulina, Albert Vigil, Sue Babao alongside Essential Emergency First Aid participants.

St John is not-for-profit emergency medical service, supported by government funding, social enterprise, community donations, and corporate sponsorships, working together with partners to provide, develop and strengthen emergency medical response and retrieval services in PNG. They provide a holistic approach to emergency health care by providing services at all stages of a patient's emergency journey.

St John's teaches first aid which equips people with skills to quickly preserve life in the first few moments. The goals of First Aid are to: Preserve life, alleviate suffering, prevent further illness or injury, promote recovery and help to protect and prepare yourself as a first aider. It is envisaged that the course will be conducted in Lae in 2024 with the Lae Amateur Swimming Club coaches and members.



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